# **Diocese of Broken Bay**

Parish Priest: Fr Jim McKeon Jim.McKeon@bbcatholic.org.au

Assistant Priest: Fr Vincent Trung Nguyen <u>Vincent.Nguyen@bbcatholic.org.au</u>

Our Lady Help of Christians' 31 Oxford Street, Epping

St Gerard Majella's 543 North Rocks Road, Carlingford

# **Phone**

02 9876 2853

Website bbcatholic.org.au/eppingcarlingford

## Email parish@eppcarl.org.au

# **Click here for:**

<u>Weekend Mass Times</u> <u>Weekday Mass Times</u> <u>Exposition of the Blessed Sacrament</u> <u>Sacrament of Reconciliation</u>





13 NOVEMBER 2022 Malachi 3:19-20 2 Thessalonians 3:7-12 Luke 21:5-19

20 NOVEMBER 2022 2 Samuel 5:1-3 Colossians 1:12-20 Luke 23:35-43

# YEAR C 13 NOVEMBER 2022 THIRTY-THIRD SUNDAY IN ORDINARY TIME 20 NOVEMBER 2022 OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

The Catholic Parish

of Epping & Carlingford

**COVIDSafety:** As we are starting to see a rise in the number of cases, this is just a gentle reminder we can take steps to protect ourselves and others:

- Ventilation Please leave our church windows and doors open, meeting room windows open especially if the doors need to be closed.
- If you've tested positive to COVID-19, it's recommended you stay home until acute symptoms (runny nose, sore throat, cough, fever) have subsided.
- Wearing a mask is also recommended when indoors.



Nothing goes to landfill: Your junk is better off reused or recycled than going to landfill. As we continue our commitment to the Laudato 'Si principle of reducing waste we are welcoming back Arnies Recon to the parish on *Sunday November 13th from* **8.30am – 10.30am** who will collect electronic goods for recycling from the carpark behind St Gerard's. See <u>https://www.arniesrecon.com/</u> for a list of what can be recycled.



Kathy Bradford our fellow parishioner, will also be collecting the following recyclables and taking them to Thornleigh recycling station: batteries, polystyrene, X-ray films, light globes, cds/dvds (please separate the paper, plastic and cd), soft plastics (those that you can scrunch in your hand, including bubblewrap).

**How to plan your funeral:** Queen Elizabeth II planned her own funeral to ensure that her funeral would express her faith in the way she wanted. We can also prepare many elements of our own funerals in advance, to take the burden off your family when the time comes. Many of us will also be called upon to plan a funeral for someone we love, sometimes unexpectedly. Join Fr Jim and Ben from Albert & Meyer funerals for an information session on *Monday November 14th at 10am at St Gerard's Church* on how to prepare your funeral. *Note this is now the only session, with no evening session as previously advertised*.

**Remembrance Mass for Children who have died:** You are invited to a candlelit Eucharist for parents, siblings and other family members and friends who have been touched by the death of a baby (before or after birth), a child or a young adult. There is a particular grief which accompanies this loss and deserves tending, even many years afterward.





## Wednesday, 16th November at 7.30pm St Gerard's Church, Carlingford

You are welcome to bring a photo or a symbol of the young person you are remembering in prayer. This could be an item of clothing, a toy or favourite book or some other item which is symbolic of the young person you are remembering. This item can be placed in the sacred space.

# YOUR GENEROSITY - THANK YOU!

**Generosity:** Thank you to the many people who have committed their financial support for the parish in recent weeks. If you have brought back a pledge form you can place it in either collection box at the back of the church.

In the weeks ahead there will be several opportunities to extend your generosity.



**On Nov 20th** we will have the Pastoral Works Broken Bay November Appeal (formerly called the Charitable Works Fund). Our pastoral work supports the many dedicated catechists providing thousands of state school students with a Catholic education and also helps provide comfort, care, and the sacraments to those who are vulnerable or experiencing loneliness, illness and isolation through our hospital chaplaincy program. This collection is 100% tax deductible.

**On Dec 4th** we will have the **St Vincent de Paul Christmas Appeal**, inviting donations both of money and Christmas hampers.

In the coming weeks we have **"Angel Trees" in both churches**, that is, a Christmas tree with cards which you can take, inviting you to buy a gift card for a person or family in need for Christmas. The Angel Tree at OLHC will support the Prison Ministry. The Angel Tree at St Gerard's will support women fleeing domestic violence though Parramatta Women's Shelter.





Taking time to prepare for the coming of Jesus Christ.

You are invited to join us during Advent for Lectio Divina, to spend time meditating and praying on the Sunday readings. We will be using an Advent Lectio Divina booklet from the Broken Bay Diocese.

When and where: Friday at 10.15am in the Parish Meeting Room at St Gerard's, Carlingford.

Session 1: 25th November 2022

Session 2: 2nd December 2022

Session 3: 9th December 2022

Session 4: 16th December 2022

To assist us with booklet numbers there is a sign-up sheet at the back of St Gerard's church. Please add you name if you are interested in coming along.

## A FEW DATES TO NOTE

Fr Jim will be on annual leave from Nov 21-26. There will be *no adoration & reconciliation at OLHC on Monday 21st*. Thanks to Fr Vincent for covering all other mid week services.



**Fr Geoff Bugden**, our former assistant priest and regular visitor to the parish is celebrating his 70th birthday with Mass at Our Lady of Dolours Chatswood, *Nov 26th at 5.30pm*. RSVP for supper at **trybooking.com/CDHIR** 

**Fr David Ranson**, our former assistant priest and now Vicar General will be celebrating his 30th anniversary of ordination on *Sat Dec 3rd at the 5.30pm Mass* at Our Lady of Dolours Chatswood. To RSVP and pay for dinner following go to **trybooking.com/CDOBR** 





## **Violence against Women and Children**

This year the Parish Social Justice Team has identified a number of initiatives that we can support and today I would like to share some information about our focus for this last quarter of the year. This focus is on the persecution and suffering which can happen to some women and children within their families.

The Australian Catholic Bishops Social Justice Statement this year, simply titled "Respect: Confronting Violence and Abuse" has recognised the need for each of us to not only be aware of this serious issue but to do all we can to support those who experience it. A link to this statement can be found here:

#### https://socialjustice.catholic.org.au/2022/08/02/sjs2022-23/

Our existing parish charitable work already supports women who are victims of domestic violence through the work of the St Vincent de Paul Society and the Prison Fellowship and there will be several more opportunities in December for you to support their work again.

This year we are also supporting the Parramatta Women's Shelter and have already made a donation to them to enable the women and children at the shelter to share in a Christmas meal together - to provide some joy and hope in their troubled lives. The Parramatta Women's Shelter is a not- for-profit organisation that opened its doors on Christmas Eve in 2019. It is a community led shelter that has, so far, assisted over 250 women and children who are escaping domestic and family violence and homelessness and seeking new beginnings. Further information is available and donations can be made through their website:

#### https://parrawomensshelter.org.au/make-a-donation

If the issue of domestic violence has raised any concerns for you or you know someone who needs help, please reach out to someone you trust or contact the hotline 1800 RESPECT (1800 737 732) or 1800respect.org.au for help and support. The Australian Bishops' Social Justice Statement has additional referrals for support.

Parish Team

Parish Secretary Dennis Porteous Ph: 9876 2853 Email: <u>Dennis.Porteous@bbcatholic.org.au</u>

Parish Facilities & Operations Coordinator Richard Houwing Ph: 9876 2853 Email: <u>Richard.Houwing@bbcatholic.org.au</u>

Admin. Assistant Michael Davies Ph: 9876 2853 Email: <u>Michael.Davies@bbcatholic.org.au</u>

Coordinator of Sacramental Programmes, Children's Ministries & Communications Lynn Siau Ph: 9876 2853 Email: Lynn.Siau@bbcatholic.org.au

Youth Ministry Coordinator Joanna Mak Ph: 0404 710 588 Email: Joanna.Mak@bbcatholic.org.au

New Parishioner Engagement Coordinator - OLHC Serena Kozanic Ph: 0414 753 799 Email: <u>Serena.Kozanic@bbcatholic.org.au</u>

New Parishioner Engagement Coordinator - St Gerard's Belinda Shi Ph: 0414 753 362 Email: <u>Belinda.Shi@bbcatholic.org.au</u>

> Bookkeeper: Karen Price Ph: 9876 2853 Email: <u>Karen.Price@bbcatholic.org.au</u>

#### **Parish Pastoral Council:**

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to <u>ppcsecretary@eppcarl.org.au</u>

#### After Hours Sick Calls - 9876 2853

Outside office hours our office phones divert to Fr Jim and Fr Vincent. In the event that they are unavailable, please listen carefully to the instructions in the message recorded for you or ring the number given in the message.

Admitted to Hospital: A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during your stay.

# OUR PARISH SUPPORT FOR REFUGEES AND ASYLUM SEEKERS



There are three recent articles in the JRS newsletter which relate to the topics highlighted by the Parish Social Justice Team this year. They are: 1.The concern expressed by Jesuit Social Services together with JRS in relation to the high level of Federal funding for the

- continued offshore detention and processing of refugees.
- 2. Concern that the Federal Government is pressuring refugees to accept relocation to a third country in lieu of giving them permanent residence in Australia.
- 3. The release of a Federal Govt. national policy framework which will guide actions to end violence against women and children.

## CHILDREN'S MINISTRIES



# There is always lots going on at our parish for families!

Last weekend we had a wonderful morning honouring the Saints at both churches! Some adults joined in too but some were camera-shy. At KidzWord, the children had an opportunity to learn "Hallow" meant "Holy" and that Halloween is actually the Eve of a Holy Day. They were given a booklet that had various activities to help them learn about All Saints' Day and All Souls' Day with the session finishing off with the Litany of Saints, asking all the Holy People to pray for us. With parents' efforts, the children will definitely understand the significance.

# **NOVEMBER KIDZ MASS!**

FOR CHILDREN & THEIR FAMILIES

# 3RD SUNDAY DURING SCHOOL TERM 20 NOVEMBER

# 9:30AM ST GERARD'S 10:15AM OLHC



We welcome the involvement of our children at our Kidz Masses! This could include being involved in songs with actions, processions, and prayers of intercession. If your child would like to be involved, please note information below:

- contact Therese Stanton for OLHC Epping olhcchildrensmass@gmail.com
- at Carlingford this is for Year 2 children. Contact <u>Lynn.Siau@bbcatholic.org.au</u>



#### INTERESTED IN ALTAR SERVING?

Altar serving is an important ministry in Church Liturgy. As an Altar server, you are one of the liturgical ministers during the Mass or other liturgical services. Servers assist the priest at the Altar and help the church community worship in a prayerful way. Should you desire to respond to God's call to become an Altar server (Senior or Junior), you will be most welcome! For Junior servers, children should already have made your First Eucharist. If you are interested, please get in touch with me via email and let me know your child's age as well as which church he/she would like to serve so that I can put you in touch with the right people. I look forward to hearing from you!

Lynn Siau Coordinator of Children's Ministries, Sacaramental Programme & Communications Lynn.Siau@bbcatholic.org.au

Also, please remember that our parish playgroup KidzPlay, is open to all in our local community and runs every Friday morning at 9:30am in the hall, so feel free to drop in and say hello! If this interests you, please contact **Belinda.Shi@bbcatholic.org.au** or call 0414 753 362.

# COMMUNICATIONS



Article submission deadline: If you would like to submit an article from your ministry for inclusion in the next edition of our parish bulletin, please send it to <u>Lynn.Siau@bbcatholic.org.au</u> before **10am on Wednesday 23rd November 2022**. Please send in a Word document. Photos or graphics are acceptable in PNG or JPEG format. Please note that PDFs will have to be reformatted and the clarity of your notice will be compromised. Do remember to provide an email address, a contact name and number in your article. Thank you.

# **Communications for School Notices:** If you have an article from your ministry that is relevant to the Primary Schools, please send it to Lynn Siau before 11am on Mondays.

#### eBulletin

If you know someone who would like to receive the electronic version of the bulletin, please forward this link for them to fill in the form on our website: <u>bbcatholic.org.au/epping-</u>carlingford/news-events/parish-newsletter

## **YOUTH MINISTRIES**







**Cana (Year 6-9)** - Cana is on the **18th and 25th November** at St Gerard's Parish Hall, Friday 7:30-9pm.

543 North Rocks Road, Carlingford - entrance via North Rocks Rd.



Cana last Friday making the most of the good weather - our bonfire night!



Antioch (Year 10/16 year olds-23 year olds) - Antioch meets on the 13th November, 6-8pm at St Gerard's meeting room.

**20th November - no Antioch meeting**. We will be carpooling to Liverpool for the closing of their Antioch weekend retreat. Departing St Gerard's at 6:15pm, return to St Gerard's 10-10:15pm, under 18s welcome.

Contact parent support if you have any questions: Kirk Koelmeyer (0420874824) or Louise Koelmeyer (0404496554).



FACEBOOK

**Emmaus young adults (23-30 year olds)** - Our young adults group meets on Tuesdays 7-8:30pm. Join us on the **22nd November** for our next meeting.

We also have Facebook groups for Antioch and Emmaus. If you would like to join or would like more information on any of our 3 youth groups, please contact the Youth Minister, Joanna Mak on 0404 710 588 or Joanna.Mak@bbcatholic.org.au







INSTAGRAM



# **CATECHIST INSPIRATION - BY EVELINE ISSA**

Around this time last year, after attending mass and learning about the genuine need for catechists to spread the word to school students, I considered actually becoming a catechist and helping out. I have to say part of me was secretly hoping that I will be told there were too many volunteers and that I didn't need to join anymore. I mean, I am a pharmacist by profession, not a teacher. We studied science not religion. However, as a pharmacist, I see first hand the importance of preventative treatment.

For example, if one gets diagnosed with high blood pressure, the first step is to lower the salt and try excercise and relaxation techniques before starting out any medications. Same for cholesterol, a change in the diet is usually tried before medication. We now know the importance of starting habits early, for example brushing teeth, applying sunscreen, limiting blu light emissions etc, all steps taught at school to prevent health problems later.

Well, what about our kids' "soul's health"? Their drive and reason to live?

Already every day more adults and children are being diagnosed with depression and anxiety. This number has been steadily increasing. While there are numerous underlying causes for this, prayer and a strong faith have been shown to greatly help improve mental health. Thus, if we miss teaching our kids early about God, love, faith and hope, how do we know that they will actually one day decide to investigate and join a faith? What if by the time they are 18 they have already decided not to believe because no one had actually spoken to them about religion?

As a mum myself, I know I want my children to know there is light at the end of the tunnel, that we are but travellers here and that in itself makes us stronger because with God by our side who should we fear?

Our faith teaches us to be resilient, hopeful, loving, kind and forgiving (all easier said than done); it encourages us to persevere, to give, to be better people- all attributes that lead to better health and personal satisfaction. By introducing our students to our faith we are giving them the choice to believe and to lead more fulfilling lives. As the saying goes, one hand doesn't clap by itself. We need to all join together and help our kids to get acquainted with our faith.

The diocese provides guidance every step of the way, the classes are organised, the students are keen to listen, I would encourage any parishioner with flexible working hours to consider becoming a catechist. It could just be the preventative "Hope" medicine our kids need!

#### ~ Eveline Issa

If you would like more information on becoming a catechist, please contact Trish O'Donnell for Secondary Schools at trishodonnell24@gmail.com or Katherine Tam for Primary Schools at katherine@eppcarl.org.au or call the Parish Office during office hours at 9876 2853.

## ALL SOULS COMMEMORATION

2nd November - Mass at North Rocks Cemetery: Many thanks to Fr Vincent for the very moving Mass he celebrated for the repose of the souls of the people buried there. It was a lovely day except our only problem was the wind, keeping everything in place!

After the Mass, Fr Vincent went to the graves of our loved ones and blessed them. We had about 30 people present. Two people were visiting the cemetery and joined us as well and were delighted to be able to attend the Mass.

~ Marie Saul

6th November - Prayers and Gathering at Macquarie Park: We had a brief prayer service and

luncheon together. Everyone contributed to make this a special gathering. A sincere thanks to those who:

- · Picked up and delivered food platters from Macquarie Centre
- Photographed the event
- Supported Fr Vincent with the liturgy
- Set up some folding tables, a small prayer table and coffee/tea/urn
- Served sandwiches and provided eskys with ice to hold soft drinks
- Cleaned and packed up





"I am a catechist."

## **OTHER PARISH NEWS & NOTICES**

#### **Celebrations this Week**

#### **Ordinary Time Week 33**

15 Nov Tuesday: St Albert the Great

- 16 Nov Wednesday: *St Margaret of Scotland* and *St Gertrude* 17 Nov Thursday: St Elizabeth of Hungary
- 18 Nov Friday: Dedication of the Basilicas of Sts Peter and Paul

#### **Ordinary Time Last Week**

21 Nov Monday: The Presentation of the Blessed Virgin Mary
22 Nov Tuesday: St Cecilia
23 Nov Wednesday: St Clement I & St Columban
24 Nov Thursday: St Andrew Dũng-Lạc and Companions
25 Nov Friday: St Catherine of Alexandria

**Lenten Program 2023:** Many people enjoy coming together in small groups to do a Lenten reflection program each year. If you'd like to host and lead a group next year, please contact Fr Jim now so that we can purchase the required books in time. **Jim.McKeon@bbcatholic.org.au** 

A time of Prayer with Songs from the Taizé ecumenical community takes place on the second Sunday of each month at St Alban's Anglican Church, Pembroke Street, Epping. The next gathering is *Sunday 13 November at 6.00pm*, and all interested people are welcome to share in this reflective time of worship.

You are also invited to share in Taizé Prayer by Zoom on *Friday* **18** *November at* **7.30pm**. You will join with people from many suburbs and different parts of Australia, sharing in Prayers for Peace and singing the simple songs of Taizé. Brother Ghislain from Taizé will share a brief reflection. The Zoom link is:

https://us02web.zoom.us/j/84087488244, and the password is Taize. For further information, contact Rev. Paul Weaver at psweaver@optusnet.com.au





Our Lady of Dolours Catholic Church 94 Archer St Chatswood 7:30pm, Wednesday 23 November 2022

All are invited to Mass to remember and pray for persecuted Christians around the world, including our brothers and sisters in Ukraine. Celebrant:

Most Rev Anthony Randazzo DD JCL, Bishop of Broken Bay



INFORMATION: evangelisation@bbcatholic.org.au

Aid to the Church in Need



SUPPORTED BY:



Light refreshments will be

served after the Mass.



Anthony & Vanessa along with their children Lachlan & Kobe Toth-Pride who were recentry baptised into our parish community.

MAY GOD LOOK DOWN UPON YOUR FAMILY AND GUIDE YOU ON YOUR SPIRITUAL JOURNEY.

**50 ++ SOCIAL GROUP:** If you are not caught up in the busyness of Christmas, you are invited to join us on *Monday 5th December for an outing to Manly*. Please meet at Epping on *Platform 5 at 10.00am* to catch the next Metro train from Epping to Chatswood, Wynyard, City Circle to Circular Quay. The Manly ferries leave every twenty minutes. We can have a wander in Manly. Enjoy a meal of your choice. Head home perhaps about 3.00 PM. Some may need to leave earlier than others. Ferries every twenty minutes. Would you please let me know if you are able to join us? I will keep an eye out for you! Hope to see you. Carole Wilson 9869 1036.

**In the News:** Cardinal Pietro Parolin has told world leaders in Egypt for the United Nations climate summit that they have a "a moral obligation" to safeguard the planet and to offer aid to people suffering the "humanitarian impacts caused by climate change". Source: CNS



#### HOLY LAND PILGRIMAGE

Trace the journey of Jesus from the land of his birth to the way he carried his cross and gave the eternal sacrifice in this 14-day Holy Land pilgrimage to Jordan, Egypt & Israel led by

Fr George Joseph MCBS. This pilgrimage features places from the Old & New Testament and includes Amman, Mt Nebo, Bethlehem, Nazareth, Sea of Galilee, Mt Sinai and Jerusalem for an all-inclusive price of \$6290 + \$150 Tips. The fare includes Airfare + Local Transfers in Deluxe Coaches + Stay in Premium Hotels + All Breakfasts & Dinners + English speaking professional guides. Departure from Brisbane on 11th March 2023. For inquiries & bookings call 1300 721 561 or email us <u>info@magiholidays.com.au</u>



The Association of the Miraculous Medal

Invites you to the

Eucharistic celebration honouring the

Feast of the Manifestation of Our Lady of the Miraculous Medal

on Saturday, 26th November, 2022 at 10.00am at St Anthony's Church, 54 Agincourt Rd. Marsfield 2122.

Miraculous medals will be given after the mass. Join us for fellowship in the Hall after the mass. A plate for morning tea would be appreciated.

Gospel Acclamation 33rd Sunday in Ordinary Time - 13 Nov 2022 Alleluia, Alleluia!

The Lord comes to rule the earth with justice.

Lift up your heads and see; your redemption is near at hand.

WEEKEND MASSES							
Epping	5:00pm Vigil, 8:30am, 10:15am (Family/Children) and 6:00pm						
Carlingford	6:00pm Vigil, 7:45am, 9:30am (Family/Children) and 5:00pm (Youth)						
	WEEKDAY MASSES						
	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	*	6:00pm	*	*	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	
EXPOSITION OF THE EUCHARIST: Epping Monday 6-7pm and Saturday 9:45-10:15am,							
Carlingford Thursday 10-10:30am							
SACRAMENT OF RECONCILIATION: Epping Monday 6-7pm and Saturday 9:45-10:15am,							
Carlingford Thursday 10-10:30am and Saturday 5:15-5:45pm, OR BY APPOINTMENT at either church							
BAPTISMS AND WEDDINGS: BY APPOINTMENT							
POSTAL ADDRESS FOR THE PARISH OFFICE: PO Box 369, Epping NSW 1710							
ST GERARD MAJELLA'S PRIMARY SCHOOL: PH: 9871 1633 Email: sgc@dbb.catholic.edu.au							

OUR LADY HELP OF CHRISTIANS' PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au

No adoration & reconciliation at OLHC on Monday 21st - Fr Jim is on annual leave. HC 12:15pm Mass on Tuesdays, Wednesdays and Fridays are temporarily on hold until further notice.

\*OLHC 12:15pm Mass on Tuesdays, Wednesdays and Fridays are temporarily on hold until further notice.



# For those who are sick and suffering:

- Nancy Walker (family of Eileen Nicoll)
- Martin McGuire (family of Eileen Nicoll)
- Patrick Thornton (family of Pat & Margaret Mcardle)
- Cohen Hadden (family of Pat & Margaret Mcardle)
- Graham Yeates
- Dennis Porteous (our Parish Secretary)
- Eric Yeung (brother of Goretti Yeung)
- Zachary & Mackenzie

- Stephen Lo
- Edward Ngu (Li May's dad)
- Richard McCarthy
- Beryl Heslin
- Owen Harrison
- Margaret Floyd

# Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:

**Recently deceased -** Dougles Dias, Ranu Toscano, Heather Waite, Tony Molloy, Evelyn Alward Please pray for Caroline Carey whose funeral will be held at Macquarie Park Crematorium on Monday Nov 14th, at 1pm.

Anniversaries - Stan Flanagan, Catherine Kiss

**For the repose of the souls of -** Mary Anne, Anthony, Maureen & Hugh Mulligan, Sarah & Phillip Curry, Edward Mulhare, Brideet Mahon, those whose names are written in the Book of Remembrance, and all souls in Purgatory.

Responsorial Psalm Response OUR LORD JESUS CHRIST, KING OF THE UNIVERSE 20 Nov 2022 Ps 121:1-5

Let us go rejoicing to the house of the Lord.

#### **Gospel Acclamation**

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE - 20 Nov 2022 Alleluia, Alleluia!

Blessed is he who inherits the kingdom of David our Father; blessed is he who comes in the name of the Lord.

